

UALBANY MEN'S OUTDOOR TRACK & FIELD BEST OF THE YEAR

100-Meter Dash

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	10.88	Jake Rachiele	4/17/10, "The Dogfight" vs. Connecticut
2	10.90	Earnest Waters	4/17/10, "The Dogfight" vs. Connecticut
3	10.93	Tristan Akong	5/8/10, New York City Qualifying Challenge
4	10.98	Germain Smith	4/17/10, "The Dogfight" vs. Connecticut
5	11.40	Kadeem Howell	4/10/10, UMass Nine-Way Meet
6	11.48	Sean Cooper	4/17/10, "The Dogfight" vs. Connecticut
7	11.62	Brandon Sligh	4/26/10, Friendship Meet with UTECH
8	11.75	Pat Weider	4/24/10, Capital District Classic
9	12.12	Kyle Nadler	4/24/10, Capital District Classic

200-Meter Dash

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	21.88	Taylor Chaney	4/17/10, "The Dogfight" vs. Connecticut
1	21.88	Jonathan Santana	5/1/10, America East Championship
3	21.89	Jake Rachiele	4/17/10, "The Dogfight" vs. Connecticut
4	22.38	Alex Petit-Frere	4/10/10, UMass Nine-Way Meet
5	22.74	Tristan Akong	4/17/10, "The Dogfight" vs. Connecticut
6	22.98	Garrett Askew	4/17/10, "The Dogfight" vs. Connecticut
7	23.04	Freddie Wills	4/10/10, UMass Nine-Way Meet
8	23.15	Jared Nilsson	4/10/10, UMass Nine-Way Meet
9	23.19	Brandon Sligh	4/26/10, Friendship Meet with UTECH
10	23.35	Germain Smith	4/2/10, Duke Invitational
11	23.58	Jordan Pollock	4/10/10, UMass Nine-Way Meet
12	23.74	Sean Cooper	4/10/10, UMass Nine-Way Meet
13	24.15	Jordan Pollock	4/24/10, Capital District Classic

400-Meter Dash

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	48.46 (IC4A)	Jonathan Santana	5/1/10, America East Championship
2	49.06	Alex Petit-Frere	5/1/10, America East Championship
3	51.33	Taylor Chaney	4/10/10, UMass Nine-Way Meet
4	51.46	Sean Cooper	5/1/10, America East Championship
5	55.29	Valete Graham	4/10/10, UMass Nine-Way Meet

110-Meter High Hurdles

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	14.66 (IC4A)	Garrett Askew	4/26/10, Friendship Meet with UTECH
2	14.95	Mohamed Kanu	5/1/10, America East Championship
3	14.97	Shane Wagner	4/17/10, "The Dogfight" vs. Connecticut
4	15.15	Freddie Wills	4/10/10, UMass Nine-Way Meet
			5/1/10, America East Championship
5	15.29	Jared Nilsson	5/1/10, America East Championship
6	15.43	Nick Assini	5/1/10, America East Championship
7	15.89	Sean Cooper	4/26/10, Friendship Meet with UTECH

400-Meter Intermediate Hurdles

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	52.81 (IC4A)	Ebube Abara	5/2/10, America East Championship
2	53.33 (IC4A)	Alan Nimblette	5/1/10, America East Championship
3	53.62 (IC4A)	Peter Rowell	5/2/10, America East Championship
4	54.38	Shane Wagner	5/1/10, America East Championship
5	55.00	Mohamed Kanu	5/1/10, America East Championship

800-Meter Run

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	1:49.02 (IC4A)	Tyler Fogarty	5/27/10, NCAA East Preliminary Round
2	1:49.12 (IC4A)	John Moore	4/26/10, Friendship Meet with UTECH
3	1:51.11 (IC4A)	Nick Santos	5/8/10, New York City Qualifying Challenge
4	1:51.61 (IC4A)	Paul Lagno	4/26/10, Friendship Meet with UTECH
5	1:53.53	Sean Halpin	4/26/10, Friendship Meet with UTECH
6	1:54.28	Aaron Lozier	5/2/10, America East Championship
7	1:56.59	Peter Rowell	4/26/10, Friendship Meet with UTECH
8	1:56.76	Ian Ellis	4/3/10, Duke Invitational
9	1:57.03	Ryan Florkiewicz	4/26/10, Friendship Meet with UTECH
10	2:00.00	Cory Greczyn	4/26/10, Friendship Meet with UTECH
11	2:00.25	Mitchel Troise	5/2/10, America East Championship
12	2:00.62	Daniel Hernandez	4/26/10, Friendship Meet with UTECH

1,500-Meter Run

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	3:47.65 (IC4A)	Tyler Fogarty	5/2/10, America East Championship
2	3:48.66 (IC4A)	John Moore	5/2/10, America East Championship
3	3:50.95 (IC4A)	Sean Halpin	5/2/10, America East Championship
4	3:51.83	Paul Lagno	5/2/10, America East Championship
5	3:55.66	Nick Santos	4/10/10, UMass Nine-Way Meet
6	3:57.90	R.J. Sniffen	4/24/10, Capital District Classic
7	3:58.26	Ryan Florkiewicz	5/2/10, America East Championship
8	4:01.43	Ethan Clary	4/24/10, Capital District Classic
9	4:02.99	Ian Ellis	4/2/10, Duke Invitational
10	4:07.34	Cory Greczyn	4/24/10, Capital District Classic
11	4:10.96	David Rothman	4/24/10, Capital District Classic
12	4:20.69	Jimmy Carroll	4/24/10, Capital District Classic
13	4:23.71	Aaron Lozier	4/10/10, UMass Nine-Way Meet
14	4:24.44	Sean Cooper	5/2/10, America East Championship

5,000-Meter Run

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	15:09.82	R.J. Sniffen	4/2/10, Duke Invitational
2	15:19.71	Paul Lagno	4/10/10, UMass Nine-Way Meet
3	15:27.87	Alex Leuchanka	4/17/10, "The Dogfight" vs. Connecticut
4	15:41.88	David Rothman	4/17/10, "The Dogfight" vs. Connecticut
5	15:42.28	Jimmy Carroll	4/17/10, "The Dogfight" vs. Connecticut

10,000-Meter Run

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	30:44.22 (IC4A)	Alex Leuchanka	4/2/10, Duke Invitational
2	32:51.59	David Rothman	5/1/10, America East Championship
3	33:46.65	Jimmy Carroll	5/1/10, America East Championship

3,000-Meter Steeplechase

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	9:27.38	Ethan Clary	5/1/10, America East Championship
2	9:37.76 (Jr. Nat.)	Craig Weiss	4/3/10, Duke Invitational
3	9:39.32	Chris Manico	5/1/10, America East Championship

High Jump

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	6-9.75 (IC4A)	Freddie Wills	5/1/10, America East Championship
2	6-2.25	Sean Cooper	5/1/10, America East Championship
3	6-1.25	Tim McGreevy	4/10/10, UMass Nine-Way Meet

Long Jump

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	24-7.75 (IC4A)	Valete Graham	5/1/10, America East Championship
2	24-1.75 (IC4A)	Kadeem Howell	5/1/10, America East Championship
3	24-0.75 (IC4A)	Fred Casimo	5/1/10, America East Championship
4	23-9.50 (IC4A)	Freddie Wills	5/1/10, America East Championship
5	22-4.25	Danny Hu	4/24/10, Capital District Classic
6	21-7.25	Kyle Nadler	5/1/10, America East Championship
7	20-10.50	Kurtis Randolph	4/24/10, Capital District Classic
8	20-5	Sean Cooper	5/1/10, America East Championship 5/14/10, IC4A Championship

Triple Jump

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	47-8 (IC4A)	Valete Graham	5/2/10, America East Championship
2	47-3.75	Kadeem Howell	5/2/10, America East Championship
3	45-5.75	Kurtis Randolph	5/2/10, America East Championship
4	45-1.50	Danny Hu	4/24/10, Capital District Classic
5	44-8.75	Jordan Pollock	5/8/10, New York City Qualifying Challenge

Pole Vault

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	13-9.25	Ben Brunjes	4/17/10, "The Dogfight" vs. Connecticut
2	11-3.75	Sean Cooper	5/2/10, America East Championship

Discus Throw

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	159-0 (IC4A)	Stephen Hassard	4/24/10, Capital District Classic
2	138-3	Will Anger	4/3/10, Duke Invitational
3	129-11	Freddie Wills	5/2/10, America East Championship
4	127-3	Zach Murphy	4/26/10, Friendship Meet with UTECH
5	124-7	Simon Cleary	4/26/10, Friendship Meet with UTECH
6	109-8	Jordan Meikle	4/24/10, Capital District Classic
7	101-11	Sean Cooper	5/2/10, America East Championship
8	90-7	Kevin O'Riley	4/10/10, UMass Nine-Way Meet

Hammer Throw

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	201-11 (IC4A)	Wilfredo de Jesus Elias	5/15/10, IC4A Championship
2	173-1 (IC4A)	Will Anger	4/24/10, Penn Relays
3	148-10	Simon Cleary	4/26/10, Friendship Meet with UTECH

Javelin Throw

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	154-4	Erik Andersen	4/2/10, Duke Invitational
2	146-1	Mitchel Troise	4/10/10, UMass Nine-Way Meet
3	150-5	Sean Cooper	5/2/10, America East Championship

Shot Put

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	44-9	Jordan Meikle	4/17/10, "The Dogfight" vs. Connecticut
2	36-3.50	Will Anger	4/17/10, "The Dogfight" vs. Connecticut
3	36-0.25	Sean Cooper	5/1/10, America East Championship

Decathlon

<u>Rank</u>	<u>Mark</u>	<u>Name</u>	<u>Date, Meet</u>
1	6,309	Sean Cooper	5/1-2/10, America East Championship

Shuttle Hurdle Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	1:00.12	Garrett Askew, Shane Wagner, Mohamed Kanu, Jared Nilsson	4/23/10, Penn Relays

4x100-Meter Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	41.66 (IC4A)	Jake Rachiele, Germain Smith, Earnest Waters, Tristan Akong	5/2/10, America East Championship
2	41.67 (IC4A)	Jake Rachiele, Jonathan Santana, Taylor Chaney, Jeffery Barnes	4/2/10, Texas Relays
3	41.75 (IC4A)	Jake Rachiele, Jonathan Santana, Taylor Chaney, Germain Smith	4/17/10, "The Dogfight" vs. UConn
4	41.76 (IC4A)	Jake Rachiele, Germain Smith, Earnest Waters, Taylor Chaney	4/23/10, Penn Relays
5	42.38 (IC4A)	Jake Rachiele, Germain Smith, Earnest Waters, Jonathan Santana	5/8/10, NYC Qualifying Challenge
6	42.96	Jake Rachiele, Jonathan Santana, Earnest Waters, Tristan Akong	4/10/10, UMass Nine-Way Meet
7	45.10	Germain Smith, Taylor Chaney, Brandon Sligh, Alex Petit-Frere	4/10/10, UMass Nine-Way Meet
8	45.17	Kadeem Howell, Valette Graham, Fred Casimo, Kyle Nadler	4/10/10, UMass Nine-Way Meet

4x200-Meter Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	1:28.35	Jake Rachiele, Peter Rowell, Taylor Chaney, Tristan Akong	4/3/10, Texas Relays

4x400-Meter Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	3:13.10 (IC4A)	Alan Nimblette, Jonathan Santana, Ebube Abara, Peter Rowell	5/2/10, America East Championship
2	3:13.34 (IC4A)	Alex Petit-Frere, Jonathan Santana, Ebube Abara, Alan Nimblette	5/15/10, IC4A Championship
3	3:16.98 (IC4A)	Ebube Abara, Jonathan Santana, Taylor Chaney, Alan Nimblette	4/17/10, "The Dogfight" vs. UConn
4	3:17.38 (IC4A)	Peter Rowell, Jonathan Santana, Alex Petit-Frere, Ebube Abara	3/20/10, Carolina Classic
5	3:18.56	Jeffery Barnes, Peter Rowell, Ebube Abara, Jonathan Santana	4/2/10, Texas Relays
6	3:19.45	Peter Rowell, Ebube Abara, Alex Petit-Frere, Alan Nimblette	4/23/10, Penn Relays
7	3:19.66	Alan Nimblette, Taylor Chaney, Peter Rowell, Jonathan Santana	4/10/10, UMass Nine-Way Meet
8	3:20.88	Alex Petit-Frere, Ebube Abara, Peter Rowell, Alan Nimblette	4/26/10, Friendship Meet
9	3:20.92	Nick Santos, Tyler Fogarty, Sean Halpin, John Moore	3/20/10, Carolina Classic
10	3:24.99	Alex Petit-Frere, Jake Rachiele, Ebube Abara, Shane Wagner	4/10/10, UMass Nine-Way Meet

Sprint Medley Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	3:24.65	Jake Rachiele, Taylor Chaney, Jonathan Santana, Sean Halpin	4/23/10, Penn Relays

4x800-Meter Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	7:28.71 (IC4A)	Nick Santos, Sean Halpin, Paul Lagno, John Moore	5/16/10, IC4A Championship
2	7:30.77 (IC4A)	Aaron Lozier, Paul Lagno, Sean Halpin, Nick Santos	5/15/10, IC4A Championship
3	7:33.10 (IC4A)	Aaron Lozier, John Moore, Nick Santos, Tyler Fogarty	4/1/10, Texas Relays
4	7:35.89 (IC4A)	Ryan Florkiewicz, Nick Santos, Sean Halpin, Paul Lagno	5/2/10, America East Championship

Distance Medley Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	9:43.15	Tyler Fogarty, Jonathan Santana, Nick Santos, John Moore	4/23/10, Penn Relays

4x1,500-Meter Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	15:27.39	Sean Halpin, Tyler Fogarty, Paul Lagno, John Moore	4/2/10, Texas Relays

4xMile Relay

<u>Rank</u>	<u>Time</u>	<u>Names</u>	<u>Date, Meet</u>
1	16:54.02	Tyler Fogarty, Paul Lagno, John Moore, Sean Halpin	4/24/10, Penn Relays